



Life Skills Mentor Description

Purpose: To give a young person (14-21) aging out of foster care the social, developmental, and emotional support of a caring adult.

Mentor Responsibilities

- Take the lead in supporting a young person through an ongoing, one-to-one relationship
- Serve as a positive role model, friend, resource, and guide
- Build the relationship by planning and participating in activities together
- Strive for mutual respect
- Build self-esteem and motivation
- Work with HCP staff through emails, phone calls, personal conferences, and group meetings to help set goals and work toward accomplishing them
- Accept and relate to youth who may not share the volunteer's lifestyle and values
- Respect the mentee's right to self-determination and independence
- Have fun together

Mentor Qualifications

- Be at least 21 years old and have at least a high school diploma or GED
- Have an acceptable driving record and background check
- Willing to adhere to all Hope Center mentoring program policies and procedures
- Have a valid driver's license, safe/reliable transportation, and proof of auto insurance, and be willing and able to provide transportation for mentee to and from meetings and activities

Time Commitment

- Make a long-term commitment lasting at least one-year, but ideally longer
- Volunteer will work with program staff and young person to develop a schedule that best fits the needs of the young person
- Attend an initial two-hour volunteer orientation training session
- Communicate regularly with program staff

For more information and to sign up for volunteer orientation, contact volunteer@hopecenteratpullen.org.