Cycle for Hope Metric

| Total Miles | Turn | Street - Details |
|--------------------|---------|---|
| 0.0 | R | Cox, leaving parking lot |
| 0.2 | L | Park |
| 0.2 | R | Dexter |
| 0.3 | R | Ashe |
| 0.5 | L | Cut through to Western Blvd. At 3rd cross walk |
| 0.6 | CS | Cross Western Blvd. to Bilyeu |
| 0.8 | L | Barbour |
| 1.3 | R | Blair |
| 1.5 | R | Centennial |
| 2.0 | L | Oval, enter Centennial Campus |
| 2.1 | R | Main Campus |
| 4.6 | L | Trailwood |
| 5.2 | R | Tryon |
| 7.3 | L | Yates Mill Pond |
| 9.3 | R | Olde South |
| 10.4 | R | Penny |
| 11.7 | L | Blaney Franks |
| 13.3 | R | Ten-Ten |
| 13.4 | L | Johnson Pond |
| 14.4 | R | Optimist Farm |
| 16.2 | CS | West Lake Road Rest stop - next right turn |
| 16.5 | R | Middle Creek School Park |
| 16.9 | Rest St | top One: U-turn to exit |
| 17.3 | L | Optimist Farm |
| 18.4 | R | Bells Lake |
| 19.5 | R | Johnson Pond |
| 20.5 | R | Hilltop Needmore |
| 22.5 | CS | Cross Sunset Lake to Bass Lake |
| 22.9 | L | James Slaughter |
| 24.1 | R | Dickens just after the Fuquay-Varina limit |
| 24.9 | CS | Cross Hwy 55 to Wade Nash |
| 26.6 | R | Piney Grove - Wilbon |
| 26.8 | L | Honeycutt |
| 27.6 | R | Cass Holt |

| Total Miles | Turn | Street - Details |
|--------------------|---|--|
| 28.5 | L | Avent Ferry |
| 32.2 | R | New Hill-Holleman |
| 33.2 | L | Harris Lake County Park |
| 34.4 | Rest Stop Two: U-turn to exit | |
| 35.6 | L | New Hill-Holleman |
| 39.3 | R | Old US 1 |
| 41.8 | R | Friendship |
| 44.1 | L | Holly Springs - New Hill |
| 46.9 | R | Green Oaks |
| 48.5 | CS | Cross Hwy 55 to Ballentine |
| 49.3 | L | Raleigh |
| 49.7 | R | Holly Springs |
| 52.1 | L | Sunset |
| 53.0 | R | Stephenson |
| 54.2 | R | Wayfield |
| 54.5 | L | Chadmore |
| 54.7 | L | Kildaire Farms |
| 55.3 | CS | Cross Ten-Ten Rest stop second drive on right |
| 55.4 | Rest Stop Three: Creature Comforts Animal Hospital | |
| 57.6 | R | Lochmere |
| 59.8 | R | Tryon |
| 61.9 | L | Avent Ferry |
| 65.4 | R | Centennial |
| 65.7 | L | Nazareth |
| 65.9 | R | Western Blvd |
| 66.3 | L | Pullen |
| 66.7 | CS | Katherine Stinsen roundabout |
| 66.8 | R | Hillsborough roundabout |
| 66.9 | R | Cox |
| 67.0 | R | Finish! |

Watch this space SAG Central Phone number: