

Cycle for Hope Metric

Total Miles	Turn	Street - Details
0.0	R	Cox, leaving parking lot
0.2	L	Park
0.2	R	Dexter
0.3	R	Ashe
0.5	L	Cut through to Western Blvd.
0.6	CS	Cross Western Blvd. to Bilyeu
0.8	L	Barbour
1.3	R	Blair
1.5	R	Centennial
2.0	L	Oval, enter Centennial Campus
2.1	R	Main Campus
4.6	L	Trailwood
5.2	R	Tryon
7.3	L	Yates Mill Pond
9.3	R	Olde South
10.4	R	Penny
11.7	L	Blaney Franks
13.3	R	Ten-Ten
13.4	L	Johnson Pond
14.4	R	Optimist Farm
16.2	CS	cross West Lake Road, Rest stop - next right turn
16.5	R	Middle Creek School Park
16.9		Rest Stop One: Do not ride past, turn around for all routes!
17.3	L	Optimist Farm
18.4	R	Bells Lake
19.5	R	Johnson Pond
20.5	R	Hilltop Needmore
22.5	CS	Cross Sunset Lake to Bass Lake Road
22.9	L	James Slaughter
24.1	R	Dickens just after the Fuquay-Varina limit
24.9	CS	Cross Hwy 55 to Wade Nash
26.6	R	Piney Grove - Wilbon
26.8	L	Honeycutt

Total Miles	Turn	Street - Details
27.6	R	Cass Holt
28.5	L	Avent Ferry
32.2	R	New Hill-Holleman
33.2	L	Harris Lake County Park
34.3	L	T-intersection in the park
34.4		Rest Stop Two: U-turn to exit
35.6	L	New Hill-Holleman
38.2	R	Friendship
39.7	R	Holly Springs - New Hill
43.7	R	Hwy 55
44	U-Turn	Hwy 55
44.3	R	Holly Springs Road
47.7	L	Sunset Lake
48.5	R	Stephenson
49.7	R	Wayfield
50.1	L	Chadmore
50.2	L	Kildaire Farms
50.9	CS	Cross Ten-Ten Rest stop second drive on right
51		Rest Stop Three: Creature Comforts Animal Hospital
53.1	R	Lochmere
55.4	R	Tryon
57.5	L	Avent Ferry
61	R	Centennial
61.3	L	Nazareth
61.5	R	Western Blvd
61.8	L	Pullen
62.3	CS	Katherine Stinsen roundabout
62.4	R	Hillsborough roundabout
62.5	R	Cox
62.6	R	Finish!

Legend: L = left turn
R = right turn
CS = continue straight

100 km route is marked with red arrows

SAG Central Phone number:
Watch this space!