

## Cycle for Hope Half-Metric

Total Miles	Turn	Street - Details
0.0	R	Cox, leaving parking lot
0.2	L	Park
0.2	R	Dexter
0.3	R	Ashe
0.5	L	Cut through to Western Blvd.
0.6	CS	Cross Western Blvd. to Bilyeu
0.8	L	Barbour
1.3	R	Blair
1.5	R	Centennial
2.0	L	Oval, enter Centennial Campus
2.1	R	Main Campus
4.6	L	Trailwood
5.2	R	Tryon
7.3	L	Yates Mill Pond
9.3	R	Olde South
10.4	R	Penny
11.7	L	Blaney Franks
13.3	R	Ten-Ten
13.4	L	Johnson Pond
14.4	R	Optimist Farm
16.2	CS	West Lake Road Rest stop - next right turn
16.5	R	Middle Creek School Park

Total Miles	Turn	Street - Details
16.9	<b>Rest Stop One:</b> U-turn to exit	
17.3	R	Optimist Farm
18.0	R	Pierce Olive
19.6	R	Holly Springs
19.6	L	Arthur Pierce
20.7	R	Kildaire Farms
23.3	R	Lochmere
25.6	R	Tryon
27.7	L	Avent Ferry
31.1	R	Centennial
31.3	L	Nazareth (ignore Do Not Enter sign)
31.7	R	Western Blvd
32.0	L	Pullen
32.4	CS	Katherine Stinsen roundabout
32.5	R	Hillsborough
32.6	R	Cox
32.7	Stop	Finish!

**Legend:** L = left turn  
R = right turn  
CS = continue straight

50 km route is marked with blue arrows

**SAG Central Phone number:**  
watch this space