

## Cycle for Hope Half-Metric

Total Miles	Turn	Street - Details
0.0	R	Cox, leaving parking lot
0.2	L	Park
0.2	R	Dexter
0.3	R	Ashe
0.5	L	Cut through to Western Blvd. At 3 <sup>rd</sup> cross walk
0.6	CS	Cross Western Blvd. to Bilyeu
0.8	L	Barbour
1.3	R	Blair
1.5	R	Centennial
2.0	L	Oval, enter Centennial Campus
2.1	R	Main Campus
4.6	L	Trailwood
5.2	R	Tryon
7.3	L	Yates Mill Pond
9.3	R	Olde South
10.4	R	Penny
11.7	L	Blaney Franks
13.3	R	Ten-Ten
<b>Alternative:</b> To stay off of Ten-Ten, cut through parking lot at Catawba Springs Church & cross straight to Johnson Pond		
13.4	L	Johnson Pond
14.4	R	Optimist Farm
16.2	CS	West Lake Road Rest stop - next right turn
16.5	R	Middle Creek School Park
16.9	<b>Rest Stop One:</b> U-turn to exit	
17.3	L	Optimist Farm
18.4	L	Bells Lake
20.0	CS	Cross Ten-Ten, becomes Graham Newton
21.3	L	Penny
24.5	R	Kildaire Farms
25.8	R	Lochmere
28.1	R	Tryon
30.3	L	Avent Ferry
33.7	R	Centennial

Total Miles	Turn	Street - Details
34.0	L	Nazareth (ignore Do Not Enter sign)
34.2	R	Western Blvd
34.6	L	Pullen
35.0	CS	Katherine Stinsen roundabout
35.1	R	Hillsborough
35.2	R	Cox
35.3	Stop	Finish!